



JENNIFER LEE

Keynote Speaker • Author • Podcast Host • Survivor Advocate

Jennifer Lee brings a message shaped by real battles, deep faith, and lived resilience. After surviving an armed robbery and abduction, she transformed her pain into purpose—launching the **I Need Blue** podcast and writing **Why I Survived**. Her work shines a light on courage, healing, and the steady strength that grows when you refuse to stay silent.

She blends storytelling with clarity, warmth, and hope, giving audiences a grounded sense of empowerment and a reminder that rising is always possible.

Signature Topics

1. The Power of Purpose in Motion

This keynote explores how small sparks of hope grow into a mission worth living. Jennifer breaks down the moment you stop waiting for direction and start creating it—choosing to lead, stepping into the unknown, and turning healing into a path others can rise from.

2. Staying Present: Notice. Trust. Act.

Using real-life experiences, Jennifer shares the power of awareness and instinct. This session blends story and strategy, offering practical, actionable tools that help audiences stay grounded, confident, and safe. Perfect for both keynotes and interactive conversations.

Let your audience walk away inspired, empowered, and ready to move forward with purpose.

BOOK JENNIFER AS A SPEAKER

Website: www.TheHealingInSharing.com

Podcast: I Need Blue

Author: Why I Survived

Please reach out now for further details and scheduling availability.

